

ELEMENTARY SCHOOL DAILY SCHEDULE

8:00 to 8:30 Free play

This is optional time before school begins for families who need to bring their children prior to the start of our school day at 8:30.

8:30 to 8:45 Daily Welcome

Yoga, stretches, dance, breathing, nature walks, other movement activities

8:45 to 9:25 Math

Through inquiry based teaching and learning, students acquire knowledge, confidence, and practical skills in Mathematics.

9:25 to 10:05 Science

Science learning introduce students to the world of scientific reasoning and problem solving. All lessons are taught with a hands-on approach, project-based approach. Topics range from how the world began, to the basic principles of astronomy, botany, chemistry, physics, and zoology.

10:05 to 10:20 Snack

10:20 to 11:00 Morning Outdoor Free Play

Research shows that a long break enables children to have greater creativity, social-emotional development, and physical regulation. Time outside supports children's natural sense of play and imagination, fosters social skills and self regulation, and nurtures a positive connection with the outdoors. Additionally, daily physical activity activates the brain and improves the child's mental and physical health. On days the weather prevents us from going outside, indoor free play will be held in the classroom to include movement and time for a mental reset.

11:00 to 11:40 Language Arts & Social Studies

Lessons begin with silent reading, journaling, drawing, or meditation. Skills are taught and deepened through inquiry, singing, story telling, writing, and speaking. Creativity and imagination are at the core of Language Arts learning. By combining Language Arts and Social Studies, a more meaningful learning experience is nurtured.

11:40 to 12:10 Lunch

Students bring sack lunches Monday through Wednesday and a hot lunch is provided on Thursdays. Parents are asked to sign up for one Thursday a semester to provide the hot lunch for our students.

12:10 to 12:50 Afternoon Outdoor Free Play

12:50 to 1:30 Curiosity Class 1

This time is guided by each student's own interests and inquiry, with support from passionate adult guides. Some choices might include pottery, painting, Lakota language and culture, creative writing, carpentry, engineering, cooking, gardening, and much more. Classes are determined based upon the interests of the students and the skill set of the guides. Choice classes will change four times throughout the school year to allow students the opportunity to participate in 12 total choice classes during the school year. Any parent or community volunteers interested in sharing their passions and skills during this time are encouraged and appreciated!

1:30 to 2:10 Curiosity Class 2

2:10 to 2:50 Curiosity Class 3

2:50 to 3:00 Afternoon Snack

3:00 to 3:20 Afternoon Circle

The school day ends with a group gathering to discuss the day's successes and what the next day has in store.

3:20 to 3:30 Clean up & Dismissal

"Education is not the filling of a pail, but the lighting of a fire."
W.B. Yeats